

Degree: Bachelor of Exercise Science
 Major:
 2011-2012

Students requiring developmental course work based on low entrance exam scores (ACT, SAT, ASSET, COMPASS) may not be able to complete this program of study in eight (8) semesters. Students having completed college level courses prior to enrollment will be assisted by their advisor in making appropriate substitutions. A minimum of 124 credit hours, of which 45 hours must be upper division credit (3000-4000 level), is required for this degree (developmental courses are excluded). Mandatory state and institutional assessment exams will be required during your degree program.

Year 1 Fall Semester			Year 1 Spring Semester		
Course No.	Course Name	Hrs Gen Ed	Course No.	Course Name	Hrs Gen Ed
HPES 1013	FYE Intro HPES	3X	BIO2201	A and P I Lab	1
ENG1003	Eng I	3X	ENG1013	Eng II	3X
SCOM1203	Oral Com	3X		Glob Issues	3X
CHEM1013	Gen Chem	3X	MATH1023	College Algebra	3X
CHEM1011	Chem lab	1X	BIO2223	A and P II	3
BIO2203	A and P I	3	HLTH2523	First Aid	3
Total Hours		16	Total Hours		16

Year 2 Fall Semester			Year 2 Spring Semester		
Course No.	Course Name	Hrs Gen Ed	Course No.	Course Name	Hrs Gen Ed
BIOL 2221	A and PII lab	1		Social Science	3X
HTLH2513	Prin Per Health	3	ES3713	Cardio Phys	3
PE1002	Concepts Fit	2X	ES3623	Tech of Fitness	3
ES3543	Human Anat	3	ES3633	Sport Nutrition	3
ES3653	Tech of Aero	3	PE4843	Phil and Ethic	3
ES3553	Basic Phys	3	ES4693	Tech of Streng	3
ES3743	Research/Stat	3			
Total Hours		18	Total Hours		18

Year 3 Fall Semester			Year 3 Spring Semester		
Course No.	Course Name	Hrs Gen Ed	Course No.	Course Name	Hrs Gen Ed
ES4683	Ex Prescription	3	ES4673	Fit for Spec Pop	3
ES4813	App Mtr Learn	3	HLTH4643	Health Prom II	3
ES4763	Kinesiology	3	ES4843	Preinternship	3

HTLH4543	Drug Use	3	Arts Humanities	3X
HLTH4633	Health Prom I	3	Bio Science	3X
			Bio Science lab	1X

Total Hours	15	Total Hours	16
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Year 4

Fall Semester

Course No.	Course Name	Hrs	Gen Ed
HPES4896	Internship ES	6	
	Arts Human	3X	
	Social Science	3X	

Year 4

Spring Semester

Course No.	Course Name	Hrs	Gen Ed
HPESS 1883	or Elective	3	
	Electives	4	
	Social Science	3X	
	Arts Human	3X	

Total Hours	12	Total Hours	13
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Total Jr/Sr Hours	45	Total Degree Hours	124
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